



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## The Niemailer

# NEWS

IF IT MATTERS TO YOU IT MATTERS TO US.

September 2020

## NATIONAL HEALTH MINISTER PROGRESS TOUR

The 6th and 7th of August 2020 saw the two-day visit of the National Health Minister Dr Zweli Mkhize alongside KZN Health MEC Ms Nomagugu Simelane-Zulu. Niemeyer Memorial Hospital was also one of the select few institutions that were to be visited during this short period.

The purpose of the two-day visits was to inspect provinces readiness this week and relay these messages. Growing KZN Together.

Stay safe; and  
It's in our hands.

The Health Minister pleaded that people who have symptoms of COVID-19 particularly the elderly should get tested. He also urged those who have tested positive to admit themselves to a health facility to curb the spread of COVID 19.



**Pictured from Right:**

Ms Nomagugu Simelane-Zulu (MEC for Health KZN), Dr Zweli Mkhize (National Minister of Health) and Dr Sydney Nkosi (Niemeyer Memorial Hospital (CEO))



**NELSON MANDELA INTERNATIONAL DAY**  
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# 18 JULY 2020 NELSON MANDELA DAY



#18  
Donate Food



#55  
Post a jog selfie

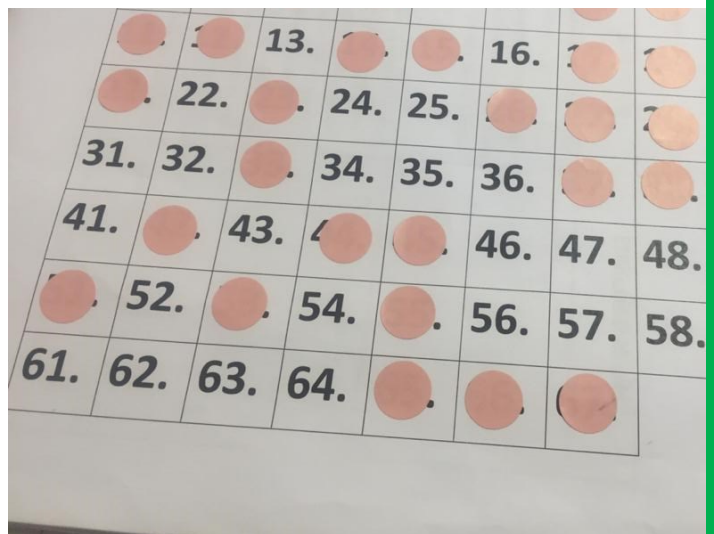


#35  
Organize a family meal and enjoy being together

## 67 Good Deeds for 67 minutes 2020.

Mandela Day is a global call to action that celebrates the idea that each individual has the power to transform the world, the ability to make an impact. The Mandela Day campaign message is: "Nelson Mandela has fought for social justice for 67 years. We're asking you to start with 67 minutes."

As part of our commemoration efforts (As seen on the few illustrations above), our institution came up with 67 good deeds, the deeds were designed in a way that there were doable and they have a positive effect in one way or another.



# WOMEN'S DAY DIALOUGE

26 AUGUST 2020



The Theme, as supplied by head office was “Generation Equality: Realizing Women’s rights for an equal future”.



The Niemeyer Memorial Hospital Women’s Committee resolved to have a Dialogue at the Utrecht Town Hall.



We invited external stakeholders to partake in the above mentioned dialogue. Our guest list included representatives from all Government Departments in the Emadlangeni Local Municipality. We had the honor to have Mr Thamsanqa Mcube to host the dialogue who is from the Commission of Gender Equality.

The beautiful and thoughtful men of Niemeyer Memorial Hospital made a short sweet video wishing all the females a Great Women’s Month.



# 07 - 11 September 2020

## CELEBRATING PHYSIO WEEK



### 2020 Theme "Rehab and COVID-19"

The Physiotherapy Department kicked off with a full itinerary for the week which included:

1. Training for Patients on the role of Physiotherapist
2. Training for the nurses on how Physiotherapists can support them during this COVID-19 pandemic.
3. Fitness Hour Relaunch to encourage a healthy lifestyle to employees.



# National Attention Deficit Hyperactivity Disorder Month

**September 2020** is ADHD awareness month. The purpose of observing this month is to raise awareness at schools and in the community. The Occupational Therapist conducted presentations in three schools thus far (Groenvlei combined school, Indwakazana Combined School and Nhlazadolo Combined School) where teachers and learners were educated on ADHD, furthermore pamphlets were distributed in the institution and the respective schools mentioned above.



# 21 September 2020

## WORLD ALZHEIMER'S DAY



Alzheimer's Disease

Also called:

*"senile dementia"*

Alzheimer is progressive disease that destroys memory and other important mental functions.

Brain cell connections and the cells themselves degenerate and die, eventually destroying memory and other important mental func-

tions.

Memory loss and confusion are the main symptoms.

No cure exists, but medication and management strategies may temporarily improve symptoms.

On the 15th of September 2020 we visited the local old age home with treats and a morning filled with exercises and games.

# HERITAGE DAY 23 SEPTEMBER 2020





# NATIONAL ORAL HEALTH MONTH



This month saw the dentistry department take on awareness campaigns at Groenvlei and Niemeyer to observe Oral Health Month. Here are some tips to maintain proper oral hygiene

- ◆ Brush teeth twice daily with fluoride toothpaste for two minutes
- ◆ Floss three times a week using non-alcoholic mouth rinse or luke warm salt water ; and
- ◆ Visiting your dentist regularly

# EYE CARE AWARENESS MONTH

**23 September—18 September 2020**  
marks eye care awareness month.

The purpose of this month is to raise awareness about the importance of eye health more importantly around prevention and treatment of avoidable blindness.

EYECARE AWARENESS MONTH  
**IZINKINGA ZAMEHLO EZIJWAYELEKILE**  
 ISIFO SASHUKELA  
 ESITHINTA AMEHLO  
 UMFUTHO WASE  
 MEHLWENI  
 AMEHLO ABOMVU  
 AKHALAYO  
 UKULIMALA  
  
 PHUTHUMA  
 EMTHOLAMPILO  
 UYOHLOLA ISIZATHU  
 SENKINGA OYIZWA  
 EMEHLWENI  
 UKUZE UVIKELE  
 UBUMPUMPOTHE SHESHA  
 UBIKE INKINGA  
  
**THOLA USIZO**  
 MADADENI HOSPITAL  
 NEWCASTLE HOSPITAL  
 NIEMEYER MEMORIAL  
 HOSPITAL



## JERUSALEM CHALLENGE ACCEPTED!



## OUR SINCERE WELL WISHES

**Bab' Nyambose** may you have a fun and bright New Chapter ahead of you where you will have unlimited time for relaxation **happy retirement!!**



**Congratulations to Mr. NR Mtshali on his promotion to Assistant Director: Finance Management.**

*We hope that your position brings you deep satisfaction and fun challenges*

# MEET OUR NEW TEAM MATES



**Jiyane NB**

**Assistant Director: Systems Management**

**01.07.2020**

**“Opportunity is missed by most people because it is dressed in overalls and looks like work”**

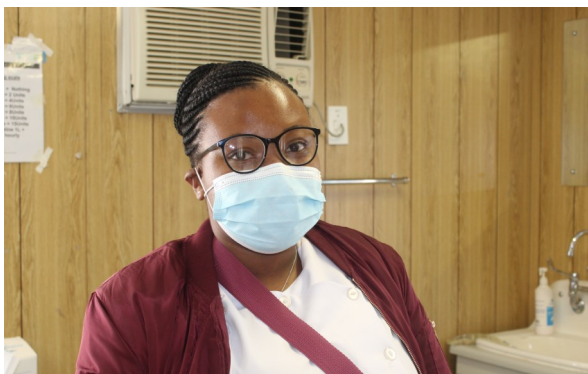


**Buthlezi SF**

**Admin Clerk (Contract)**

**Assumption Date: 29.06.2020**

**“Make your mark”**



**Mazibuko NP**

**Professional Nurse (Community Service)**

**Assumption Date: 01.09.2020**

**“Be at ease without cease”**



**Mqgada T**

**Administration Clerk (Contract)**

**Assumption Date: 29.06.2020**

**“If everyone is moving forward together, then success takes care of itself”**



**Mchunu LF**  
**General Orderly (Contract)**  
03.07.2020  
"Take the risk or lose the chance"



**Nkosi N**  
**CSSD Attendant**  
01.07.2020  
"Perform all duties in accordance"



**Mathebula HBS**  
**Administration Clerk (Contract)**  
06.07.2020  
"When the time is right God will make it happen"



**Mavundla NE**  
**Administration Clerk (Contract)**  
06.07.2020  
"A world is not a path, but a path is made by a traveler"



**Mbatha SNN**  
Administration Clerk (Contract)  
06.07.2020  
"Deeds not words"



**Mabaso J**  
SCM (In-Service)  
01.07.2020  
"The only people who never fail all those who never try"



**Sibisi GS**  
Enrolled Nurse  
08.06.2020  
"See the GOOD"



**Khumalo LK**  
Enrolled Nurse (Contract)  
11.08.2020  
"The health of my Patients is my first consideration"



**Ndawonde M**  
SCM (In-Serv)  
01.07.2020  
"Perseverance is the mother of success"



**Mntambo LP**  
Office Administration(Contract)  
01.07.2020  
"Journey of a thousand miles begins with a single step"



**Jali SB**  
Enrolled Nurse  
01.09.2020  
"A Nurse with a smile"



**Molefe ZRP**  
Enrolled Nurse  
01.09.2020  
"Love Life"



Zwane SSP  
Enrolled Nurse  
01.09.2020  
"If love cant cure it as nurse can"



Mfaba BGN  
Professional Nurse (Contract)  
18.09.2020  
"No pressure No diamonds"



Ndlovu NA  
General Orderly  
01.09.2020  
"Impossible is for the unwilling"



Makhubu NP  
Data Capture  
01.09.2020  
"God's delay is not God's denial"



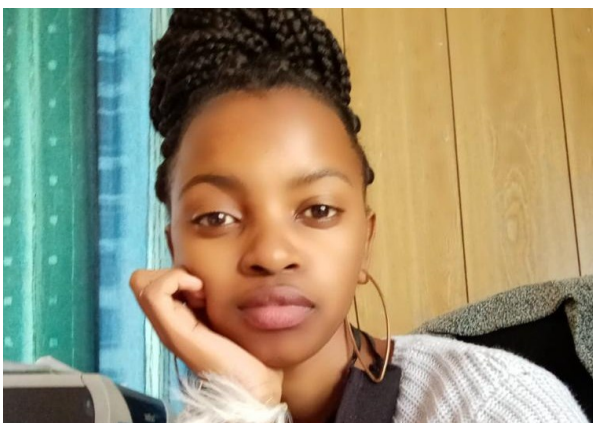
**Tshabalala MN**  
**SCM (In-Service)**  
29.06.2020  
“Hustle hard”



**Mathonsi N**  
**Finance (Contract)**  
06.07.2020  
“Do not let what you can not do stop you from what you can do”



**Hadebe LZ**  
**Finance (In-Service)**  
06.07.2020  
“Stress less and enjoy life”



**Zwane NNS**  
**HR (In-Service)**  
06.07.2020  
“What you believe remember you can achieve”





**Khumalo N**

**HR (In-Service)**

**01.07.2020**

**“To shine your brightest light is to be who you truly are”**



**Dube N**

**SCM (In-Service)**

**01.07.2020**

**“You have to fail a thousand times to succeed once”**



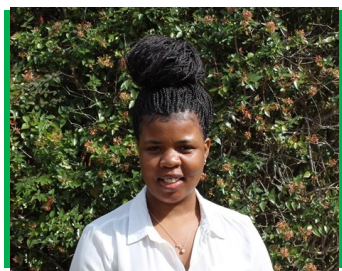
**Khoza PP**

**SCM (In-Service)**

**01.07.2020**

**“Be Like a diamond precious and rare”**

# ACKNOWLEDGEMENTS



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